

South Kitsap Track & Field Club

Jaguar Meet Schedule

Order of Events

Times & events may be adjusted based on the number of athletes.
 Registration begins ½ hour before start of meet & lasts for 1 hour.
 Non-club members pay \$10.00 for the day.

Athletes 7-12 yrs old are allowed 3 events.
 Athletes 13 & up are allowed 4 events.

AGE DIVISIONS

Time	Event	7-8	9-10	11-12	13 & up
9:30/5:30	Long Jump		X	X	X
	Shot Put	X	X	X	X
	High Jump			X	X
	Turbo Jav	X			
	Discus			X	X
9:30/5:30	3000 Meter Run			X	X
9:45/5:45	80/100 M Hurdles			X	X
10:10/6:10	100 Meter Dash	X	X	X	X
10:40/6:40	1500 Meter Run	X	X	X	X
	Turbo/Areo Jav		X	X	
	Long Jump	X			
	High Jump		X		
10:55/6:55	4 x 100 M Relay	X	X	X	X
11:30/7:30	400 Meter Dash	X	X	X	X
	Javelin Throw				X
11:45/7:45	60 Meter Dash	X			
11:55/7:55	200 Meter Dash	X	X	X	X
12:10/8:10	800 Meter Run	X	X	X	X
12:25/8:25	4 X 400 M Relay	X	X	X	X